Minimalist millennials

Boomer parents' household heirlooms shunned metroLIFE

PANDAPHILES UNITE?

Nenshi asks for funds from Trudeau

metroNEWS

Calgary metro

Your essential daily news | MONDAY, AUGUST 29, 2016 | High 24°C/Low 9°C Partly Cloudy

JUSTICE SMITH

The Get Down star's stock going way up

metroLIFE

Leah Stendal, a.k.a. Leahthal, plays with Southern Alberta Junior Roller Derby. MATHEW SILVER/FOR METRO

WHEELY IN NEED OF SPACE

Youth roller derby league squeezed off tracks metroNEWS

Canada Post action looms

LABOUR

Workers to refuse overtime Tuesday in Alta.

Ryan Tumilty
Metro | Edmonton

Albertans could be the first Canadians to feel slowdowns in the postal system as the Canadian Union of Postal Workers looks at potential job action Tuesday.

Postal workers across Alberta will refuse to take any overtime or work past their scheduled hours starting Tuesday with the plan to rotate that policy to other provinces. The union had originally threatened to begin Monday, but delayed 24 hours late Sunday night.

"There should not be any effect on the public," said Suzie Moore, first vice-president, health and safety officer, for Calgary Local 710 of CUPW. "We're not going out and picketing, we're not stopping the flow of mail. We're just refusing to do overtime."

She said that volumes have been so slow since July, when Canada Post warned the public there could be strike action, that she doesn't suspect any customers will be negatively affected.

Canada Post spokesman Jon Hamilton said the union's move will hurt postal volumes and business because Canadians will lose faith in the system.

"Canadians are hearing two words from the union and that is strike notice," he said. "It will have an impact on the trust people have in the postal system."

Hamilton said now that the union has taken a limited strike action, it could expand to a full postal strike at any time with no warning. "We're in a period of extreme uncertainty," he said.

Larry Dionne, president of the union's Edmonton local, wants to keep pressure on Canada Post to bargain in good faith.

"It seems like Canada Post are disinterested in actually negotiating," he said.

The two sides are working with a mediator who was appointed last week.

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metro NEWS
Your essential daily news

New England is running out of mussels, scientists say. **Business**

Circle the Wagons returns

MUSIC

Fundraising event to be held in University District

Aaron Chatha
Metro | Calgary

The wagons are circling — and they're targeting Calgary's University District this year.

The annual Circle the Wagons brings together music, food, drinks and art to raise funds for community initiatives — and brings urban experiences outside of the downtown core. They pick a new Calgary community to enter every year.

"Part of the funds we get in ticket sales go back to the community," said Colleen Krueger, organizer.

"We're developing a plan for those communities to then apply for the funding we raise for them — with ideas of their own, another event or something they want to do within their community to keep the momentum going."

This year proceeds will be distributed among Varsity, Montgomery, and University Heights Community Associations.

The musical line up includes Juno award winners Pomo, Close Talkers and Yes We Mystic, as well as a few Alberta acts who say events like these are important to grow arts and culture in different areas of the city.

Musician Lexi Strate will be performing at this year's event. COURTESY LEXI STRATE

"That's how I grow as an artist, by connecting with local communities where I live," said pop influenced musician Lexi Strate.

The performer said as a writer, she likes to write other peoples stories — nothing incredibly personal.

It's a style that works. Strate's music has been featured on shows like Beauty and the Beast, Continuum and Degrassi.

Marlaena Moore, who's gotten radio play on her single Beginner, will join her.

"It's important for people to see what's happening in your own city," she laughed. "It's a lot more convenient when you're able to see a local show for cheap, and hear really good music."

The long list of musicians is rounded out by post-rock psychedelic folk band Andrew's Pale Horses, who are working on their next EP Early Medicine.

Marlaena Moore, with her focus on personal, internalized song-writing, will appear on stage. COURTESY MARLAENA MOORE

On the visual arts side will be dancers from Le Cirque De La Nuit will be showcasing their talents on the mainstage and throughout the event.

There will also be an adorable wiener dog race — participants are encouraged to pre-register before the event.

Circle the Wagons takes place on Sept. 10. For more information, visit www.circlethewagons.ca.

Bear necessities sought

CONSERVATION

Mayor Nenshi wants federal funding for panda exhibit

From one self-declared lover of baby panda snuggles to another.

Mayor Naheed Nenshi has written to Prime Minister Justin Trudeau asking for Ottawa's help in defraying the considerable cost of housing the critters at Calgary's zoo in two years.

"As a fellow lover of cute cuddly panda cubs, and having observed with envy your recent opportunity to hold Jia Panpan and Jia Yueyue in Toronto during their naming ceremony, I trust you can understand my own desire to embrace these pandas with open arms here in Calgary," Nenshi wrote to Trudeau in a May 27 letter.

The word "envy" is underlined twice, followed by two typed exclamation points, and circled in purple ink with another handwritten exclamation point thrown in for good measure.

Five-month-old panda cubs Jia Panpan and Jia Yueyue play in an enclosure at the Toronto Zoo. The pandas are scheduled to come to Calgary for five years beginning in 2017.
CHRIS YOUNG/THE CANADIAN PRESS

"I am writing today to request a federal government contribution towards investments required in Calgary to host both the panda family and the large number of new visitors the zoo expects. The decision for Calgary to host the pandas was supported and encouraged by the previous federal government in 2012, but no funds were provided," the mayor writes.

Trudeau's June 21 response thanks Nenshi for his "enthusiastic" letter and opens by telling the mayor that holding the pandas was a "once in a lifetime event" for the prime minister that "made me the envy of many, including my own children."

But Trudeau rebuffed the funding request and suggested that the Calgary Zoo explore programs offered by the federal Western Economic Diversification agency.

Trudeau said he forwarded Nenshi's letter to Navdeep Bains, the minister in charge of that organization.

Both letters were provided to The Canadian Press by Nenshi's office, which declined to be interviewed.

Two giant pandas, Da Mao and Er Shun, were loaned to Canadian zoos for 10 years as part of a 2012 deal with China. Since 2013, the pair has been at the Toronto Zoo, where the cubs were born and later famously photographed in the arms of Trudeau.

The pandas and their progeny are to arrive at the Calgary Zoo in 2018 for a five-year stint.

The exhibit is expected to prompt an influx of visitors and provide a much-needed economic boost, but the upfront outlay is sizable. THE CANADIAN PRESS

$30M

Calgary Zoo president Clement Lanthier said the "Pathway to Panda" project has a price tag of about $30 million.

IN BRIEF

Uniformed Calgary police welcome in Pride parade

Calgary Pride organizers say police officers participating this year won't be subject to any special restrictions — meaning they won't have to sport a T-shirt reading 'Vigilance, courage, Pride' instead of uniforms and weapons, as requested by a coalition of people representing the People of Colour community.

Calgary Pride said Friday that they are working closely with CPS on improving relationships between law enforcement and members of the LGBTQ community. METRO

Child dies after being struck while riding bike

A 10-year-old boy has died after he was hit riding his bicycle south of Barwell. At about 4:40 p.m. on Aug. 27, emergency crews responded to a collision involving a child on a bicycle and a motor vehicle. The incident remains under investigation, however, no charges are pending. METRO

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AMVIC

Cyclists receive royal treatment downtown

ROADS

Two-wheeler tour promotes alternative transportation

Mathew Silver
For Metro | Calgary

Cyclists finally had a chance to own the road on Sunday.

Tour of Alberta hosted the Ride the Road tour on Sunday, an urban cycling event promoting bikes as a more economical means of transportation for Calgarians.

The 16.5-km ride started in Stanley Park, with participants receiving a police escort along the way, and snaked through neighbourhoods like Mission, the East Village, and Ramsay.

According to Gary Beaton, executive director of the Tour de Nuit Society, the event was meant to give bikers a sense of what it's like to ride in downtown Calgary.

"We're trying to get everyone out of their car…. (Cycling is) fun. It's healthy. All of us need to be more active."

Cyclists of all abilities joined the cavalcade, from beginners with tassels hanging from their handlebars, to experts outfitted in sleek neon riding apparel.

Sgt. Colin Foster with Calgary Police Service led the procession, with fellow officers performing rolling road closures ahead of the pack as a way to minimize the disruption to regular traffic. Foster spoke to the benefits of the ride.

"It's a good community initiative, to try and promote road safety, to promote cycling as an alternative means of transportation, and about trying to stay healthy," he said.

> **All of us need to be more active.**
> Gary Beaton

Nathan, left, Mira and Eytan leading a group of bikers before the Ride the Road tour at Stanley Park on Sunday.
MATHEW SILVER/FOR METRO

ARREST

Officers relieved of duty over injury

Two Calgary police officers have been relieved from duty following an arrest where a member of the public sustained serious injuries.

The incident occurred at about 8:45 p.m. on July 30, when an officer pulled over a vehicle as part of a traffic stop around the 6700 block of Macleod Trail South.

A foot chase ensued when the driver of the vehicle stopped the car and attempted to run from the officer.

The man was located a short distance away, and taken into custody with the help of several other officers.

CPS notified the Alberta Director of Law Enforcement after the man sustained several serious injuries. A review of the incident raised concerns over the conduct of the officers involved in the arrest.

No charges have been laid at this time, but the Alberta Serious Incident Response Team has launched an investigation into the event.

The status of the officers, who have been relieved of duty with pay, will be reviewed in the next seven days.

Two other officers involved in the incident have been assigned to administrative duties.

"As it relates to personal health information, all I can say is that there were serious injuries to this individual," said Deputy Chief Paul Cook.

He said the force contacted ASIRT within an hour of viewing the dash-cam footage of one of the attending police cars. METRO

IN BRIEF

Man in critical condition following house party

One man is in critical condition and another man in serious condition after a house party in the M.D. of Foothills near Okotoks on Sunday morning.

Police have arrested several individuals but say no charges have yet been laid.

The incident remains under investigation. METRO

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Nick Jonas opens up about diabetes

AWARENESS

Talks with local girl who has same type of the disease

Lucie Edwardson
Metro | Calgary

For many, relating to the life style of a famous person isn't always that easy, but one Calgary girl found common ground with singing sensation Nick Jonas Saturday evening when they sat down before his concert and talked about diabetes — a disease they both live with.

Twelve-year-old Bryn Price attended the concert as Metro's junior reporter and spoke with Jonas about diabetes.

Jonas's organization is partnered with Sun Life Financial's Team Up Against Diabetes, the Canadian Diabetes Association and the Junior Diabetes Research Foundation's fight to raise awareness about both Type 1 and Type 2 diabetes.

"I'm always looking for opportunities to speak out about my life with diabetes and bring some encouragement and inspiration for people living with diabetes," said Jonas.

"Type 1 is not preventable but Type 2 is something where you can see some early signs and get ahead of it. I'm passionate about both and finding ways I can get involved and help inform about both."

Price said it was really cool to meet someone who she admires living and managing the same disease, Type 1 diabetes, she was diagnosed with just a year and a half ago.

"I thought it was interesting to hear him talk about it and it was really similar to what I experience," she said.

The two talked about preparation, how to manage during sporting events or in Jonas' case, concerts, and similar symptoms they've experienced with low blood sugars.

Stephanie Lupinacci, director, philanthropy and global marketing for Sun Life Financial, said a partnership with a public figure like Jonas is important in their fight to not only raise awareness, but to also help people understand and potentially prevent Type 2 diabetes.

"The partnership creates and huge platform for us to talk to the greater audience at large," she said.

Bryn Price, 12, got to meet pop superstar Nick Jonas before his concert at the Saddledome Saturday night. The two talked about living with Type 1 diabetes. LUCIE EDWARDSON / METRO

> **"I'm always looking for opportunities to speak out about my life with diabetes and bring some encouragement and inspiration.** Nick Jonas

Of those living with diabetes, 90 per cent have Type 2 which can be prevented and managed, according to Lupinacci.

"If we can get people informed about Type 2, get screened and go online to take our risk assessment test on the sunlifeagainstdiabetes.com then hopefully people will take the proper steps to potentially prevent it," she said.

Lupinacci said since Teaming up with the CDA two years ago for diabetes awareness month in November, they've seen a marked increase in people taking the risk assessment test from 41,000 the first year to 180,000 the second year.

Children living with the disease and members of the CDA were also invited to meet Jonas and attend the concert for free.

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Youth need a place to roll

SPORT

Roller derby teams looking for practice space

Mathew Silver
For Metro | Calgary

Red Riot, Wylde Child, and Tricky Little: these are just some of the young derbiers looking for a place to practice.

Those are just nicknames, of course, but Southern Alberta Junior Roller Derby, an organization that features three youth teams, is looking for a place to practice in the winter months after being forced out of a local recreation centre.

Leon Bellavance, a member of Team Canada Roller Derby and SAJRD coach, said that practice time was taken away to accommodate lacrosse teams.

"I find it very disappointing. Mostly because we had gym space and another organization came along and were given preferential treatment," said Bellavance.

Roller derby is a contact sport played by two teams of five members roller-skating in the same direction around a track. Teams designate a "jammer" who scores points by lapping members of the opposing team.

Connie Stendal, the president of SAJRD, said that she has searched all over the city for a place to practice, but hasn't had any luck.

She said that it's difficult enough to find dry gym space in Calgary, not to mention that facility managers worry that the roller skates and kneepads worn by the players will damage the floors. Her teams also need 6,000 square feet of space, another factor that limits their options.

> **I find it very disappointing.**
> Leon Bellavance

Registration hasn't even opened yet, and Stendal already has 60 kids eager to play — almost double the number of players she had at the beginning of last season. She worries that she will have to send some athletes away until they are able to acquire practice space.

Even the players are starting to worry about not finding a place to play.

"That would really suck because I really love playing roller derby," said Leah Stendal, who plays for the Legendairy Rollers.

Southern Alberta Junior Roller Derby was forced out of its practice space in favour of more mainstream sports. Leah Stendal — who plays under the name Leahthal — says she just wants to get back in a rink to play again.
MATHEW SILVER/FOR METRO

IN BRIEF

Blood donations sought before Labour Day

Canadian Blood Services is trying to collect 32,000 units of blood by Labour Day.

All blood types are needed.

Upcoming clinics in Calgary include: Sept. 2, from 9 a.m. - 1 p.m., September 3 from 8 a.m. - 2 p.m., and Sept. 5 from 9 a.m. - 1 p.m.

Calgary blood donor clinic is located at 737 13 Ave SW.

METRO

Alberta PCs set rules for leadership race

Alberta's Progressive Conservatives have laid out the rules for their leadership race, including retroactive finance disclosure and a rule forbidding candidates from doing harm to the party or its brand.

The race does not officially begin until Oct. 1, and Conservative MP Jason Kenney is the only candidate to announce he is in the running to replace former leader Jim Prentice.

THE CANADIAN PRESS

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Bars extending hours for Pride celebrations

LGBT COMMUNITY

Liquor board makes last call one hour later at select venues

Krista Sylvester
For Metro | Calgary

Pride celebrations will last a little longer at local gay bars after the Alberta government extended last call until 3 a.m. during Pride celebrations next weekend.

Twisted Element nightclub owner RJ Fafard spearheaded the move and is calling it a win for the gay community after what he describes as a two-year battle with Alberta Gaming and Liquor Control (AGLC) to extend the hours for last call.

"I started asking them after the Olympics if we could extend the hours at gay clubs for Pride like they did for the Olympics and they kept saying 'no, no, no, never' but then they extended the hours during the Juno Awards for some bars so I really started pushing for it even more after that," Fafard says.

Patrons at select Calgary bars will be able to order drinks a bit later during Pride festivities this year. METRO FILE

"As a community leader I really pushed to get the hours extended because Twisted Element is more than just a nightclub; people come here to celebrate and that's what we want to do during Pride."

Fafard said it took a lot of phone calls, letters and persistence on his part to get the AGLC to agree to the move, which they finally did this week. Fafard worked with his MLA and garnered letters from the local community to support his cause.

"We won our battle and we are allowed to extend our hours and some other nightclubs in Calgary will get the same permission, I believe. It's just going to be really nice to have the extra hour and then close at 4 a.m. so people can dance the night away," he adds.

AGLC spokesperson Michelle Hynes-Dawson told Metro extending the hours bars can serve alcohol for special events is something they have been doing in recent years, although she couldn't speak directly to which bars were given the go ahead.

Pride celebrations in Calgary are underway now until September 5.

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Salon strikes gold with ritzy promo

Businessman Corey Shapiro poses in his barber shop, Notorious, in Montreal.
GRAHAM HUGHES/THE CANADIAN PRESS

ENTREPRENEURS

Notorious $1K shave boasts golden shaving cream, razors

Montreal businessman Corey Shapiro bought some flakes of gold one night to garnish his sushi for extra flavour — and then he had an idea.

Instead of eating the gold, Shapiro thought, why not infuse it into shaving cream?

"We called the barbershop Notorious because anything that me and my business partner do — we're rather notorious with going all the way," Shapiro said.

His partner is Patrick (P-Thugg) Gemayel, one half of the electro-funk duo Chromeo, and together the two men are part of the transformation of Saint-Henri from a neglected neighbourhood in the shadows of downtown skyscrapers to a district of choice for shoppers and foodies.

"You pay $1,000, you get a shave," says Shapiro, who sports a full beard that climbs up his cheekbones, almost reaching the bottom of his rose-tinted frames. "You get one shave."

> We wanted something that was a little more memorable than any other barbershop in the world.
> Corey Shapiro

"We wanted something that was a little more ostentatious and memorable than any other barbershop in the world," Shapiro said during an interview inside the Notorious men's salon he co-owns in Montreal's Saint-Henri neighbourhood.

But not just any shave.

The gold-infused cream used in this special shave takes on a "charcoal-type property," Shapiro says. Next, a barber will take out one of the 10-karat gold razor blades made specially for the barbershop. When the shave is done the barber will dull the blade, puncture it, and offer it to the client as a necklace.

Shapiro says 14 people have paid for the experience since Notorious opened two-and-a-half years ago.

His success in the neighbourhood has also made him a target for anti-gentrification activists, who lament rising rents and increasing property values.

"Just the other day someone wrote 'Kill Shapiro' with an anarchist sign in the underpass," he said. "It's not the first time."

But Montreal is home,says Shapiro.

Like many successful anglophones, can leave Montreal and likely make more money reaching a larger, more welcoming and wealthier market elsewhere. But, also like many in the English-speaking community, he finds it hard to leave.

"My grandparents, one is still alive and it's very important (I'm here)," he said. THE CANADIAN PRESS

A Syrian refugee family poses in the garden at their home in Queensland, N.S., on June 24. DARREN CALABRESE/THE CANADIAN PRESS

SYRIAN CRISIS

Tories resisted new refugee rules: Files

In spite of relentless pressure to help Syrians flee the perils of civil war, Canada's former Conservative government twice rejected a proposal last year to make it easier for Canadians to sponsor them, newly disclosed documents show.

Twice in 2015 — first in March, then again in July as the refugee crisis escalated — federal bureaucrats proposed exempting Syrians and Iraqis from a rule requiring them to have official UN refugee status in order to be sponsored by small groups of people to come to Canada.

On both occasions, the recommendation as described in documents obtained under the Access to Information Act was rejected by then-immigration minister Chris Alexander.

30K

Number of Syrians that have arrived in Canada since September

The Conservatives eventually agreed to the change, but not until September, when the original policy became linked to the story of Alan Kurdi — the three-year-old Syrian boy whose tragic drowning galvanized global sympathy.

The issue was a 2012 rule change put in place by the Conservatives that made it nearly impossible for informal groups without sponsorship agreements with the government to bring refugees to Canada.

Applications from non-registered refugees were harder to vet and took longer, gumming up the sponsorship system, according to government materials published at the time.

But the Tories also didn't like that the program had become a means of family reunification and feared those applications were pushing out people in more dire need of resettlement, said a source close to the decision process at the time. THE CANADIAN PRESS

'We need housing'

MILITARY

Feds' plan for homeless vets calls for shift in benefit program

BY THE NUMBERS

235,000

Number of Canadians who experience homelessness annually

2,250

Estimated number of veterans who use shelters

Veterans Affairs officials are ready to recommend that the federal government give rental subsidies to veterans who are homeless or nearly so in order to combat what they describe as an unacceptable situation in Canada.

A draft of the new federal strategy also recommends the government build new affordable housing units specifically for veterans, suggesting Canada doesn't have enough units to handle the unique needs of former military members who can have addiction and mental-health issues related to their service.

The strategy says that what homeless veterans require is access to immediate housing, peer support and outreach to get them off the street, and months or even years of intensive case management with a broad range of services.

A final draft of the strategy isn't expected to be completed and made public until later this year.

"We've got a mandate for the care, treatment and re-establishment to civilian life of veterans in general, and clearly somebody who is homeless is not successfully re-established in civilian society," said Tim Kerr, director of the veterans priority programs secretariat at Veterans Affairs Canada.

"Because of that, our minister, and our deputy minister and I and my team believe that we have an obligation to address this issue of veteran homelessness."

The recommendations would mark a shift in benefits programs that leave no room to provide things like housing subsidies that have been successful in the U.S. at keeping veterans off the street.

> **Clearly somebody who is homeless is not successfully re-established in civilian society.**
> Tim Kerr

Benefits only flow to Canadian veterans who show a link between their military service and their injury or disease, a difficult task for a veteran who becomes homeless a decade after his or her service, said Jim Lowther, president of Veterans Emergency Transition Services (VETS) Canada, a volunteer-based group that has helped about 1,200 veterans off the streets in the last six years.

"We need housing in every province, designated housing for vets. We need transition homes in every province to help them get back on their feet," Lowther said. THE CANADIAN PRESS

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Burkini debate sets tone for elections

FRANCE

Ban on Muslim swimwear has drawn global condemnation

The national identity crisis exposed by France's burkini controversy is threatening to set the tone for the country's presidential campaign.

The relationship between France's Muslims and non-Muslims has been a recurring theme as presidential hopefuls kick off campaigning for the April-May election.

A top French court ruling Friday against banning the burkini didn't put an end to the debate. Some mayors are refusing to rescind their bans, arguing that the head-to-ankle swimwear could disrupt public order after a summer marred by extremist attacks. The burkini bans by some French coastal towns drew international condemnation after images circulated online of police appearing to require a Muslim woman to disrobe.

A woman wearing a Burkini joins a protest outside the French Embassy in London on Thursday, during a "wear-what-you-want beach party" to protest against the ban. AFP/GETTY IMAGES

Former President Nicolas Sarkozy and some other conservative candidates want a national law banning burkinis. Sarkozy's chief rival for the conservative nomination, former Prime Minister Alain Juppe, suggested putting limits on how far religious practices can reach into public life, calling for a special accord between the state and Muslim leaders to lay out clear rules for respecting French secularism.

"It is legitimate to ask them to have a knowledge of the principles of the organization of the republican state," he said.

THE ASSOCIATED PRESS

ITALY EARTHQUAKE

Officials vow to probe negligence, mob ties

Italian authorities are vowing to investigate whether negligence or fraud in adhering to building codes played a role in the high death toll in last week's earthquake in Italy.

They also called for efforts to ensure organized crime doesn't infiltrate lucrative construction contracts to eventually rebuild much of the picturesque towns levelled in the disaster.

Meanwhile, rescue workers pressed on with the task of recovering bodies from the rubble, with hopes of finding any more survivors virtually vanished four days after the powerful quake.

Firefighters retrieve a bell from the village of Rio, central Italy. THE ASSOCIATED PRESS

Over the past two days, they found six more bodies in the rubble of Hotel Roma in Amatrice.

THE ASSOCIATED PRESS

LOUISIANA FLOODS

Hopes high for recovery

In 23 years of coaching football, Dru Nettles never had to deliver a pep talk like this.

Most of his players and coaches on Denham Springs High School's football team lost homes when floodwaters ravaged their city in suburban Baton Rouge. Their battered school remains closed, but the team has a season-opening home game to play in two weeks.

The promise of Friday night football is tonic for a city at the epicenter of the catastrophe. Even the most modest signs of recovery are lifting weary spirits in Denham Springs, where flooding damaged an estimated 90 per cent of homes and businesses. THE ASSOCIATED PRESS

A group of people say a prayer in Holtville, Ca., on May 31 in a cemetery filled with unmarked graves of migrants who died in the desert trying to cross into the United States from Mexico.
THE CANADIAN PRESS

The border's grim reality

IMMIGRATION

Trump's border wall idea scorns facts, human deaths: Experts

An American border guard steps out of his vehicle onto a dusty desert road, seeking to chat with the strangers he sees milling about the mesquite bushes a few metres from Mexico.

His team catches a dozen migrants crossing here illegally each day, he says. The conversation turns to Donald Trump. He's asked whether Trump's proposed border wall would halt the flow of migrants crossing through California's Yuha Desert. He doubts it. There's already a wall across almost one-third of the border — people still get over.

"You'd need to get rid of all the ladders in Mexico," he says.

Trump is now wrestling with difficult realities for his immigration plan. Some are political. Some involve practical questions: Does Trump plan to cut off U.S. access to the Rio Grande? A wall already covers part of the border; the rest is mostly river. Does he actually intend to deport 11 million people in the U.S. illegally? If so, what's the plan to prevent the collapse of industries that rely on migrant labour? And, if not, does that mean breaking his pledge against granting legal amnesty?

A sombre monument nearby belies the idea of simple solutions here.

A cemetery of unmarked graves is filled with people who perished crossing the border.

Enrique Morones leads a group praying in the cemetery. They're volunteers with his organization Border Angels, which deposits jugs of water in the desert to keep people from dehydrating or roasting to death in the sun.

Migrants generally cross when it's cooler, he says — especially at night. Yet accidents happen constantly. People get lost and disoriented. The water bottles run empty — sometimes vandals cut them.

> **He represents the worst of the American spirit.**
> Enrique Morones

"When we say, 'I'm dying of thirst,' it's just an expression. For them it's real," says Morones, who used to work in marketing for baseball's San Diego Padres before turning to full-time work as an activist and public speaker.

"Every summer there's more deaths because of that wall than in the entire history of the Berlin Wall."

Trump's immigration plan, meanwhile, is in flux. Where he once promised to deport all illegal migrants. he now says he would force them out — then allow an unspecified number back in, require them to pay back taxes, and grant legal status.

"I don't want anything to do with him," he said of Trump. "He represents the worst of the American spirit, and in my eyes he's not welcome here."
THE CANADIAN PRESS

GERMANY

Merkel rejects ban on Muslim migrants

German Chancellor Angela Merkel on Sunday slammed those countries in Europe who say they won't take in Muslim refugees, a position that several eastern European governments have taken in response to the influx of migrants from the Islamic world.

Merkel said she was hopeful that European Union members would reach an agreement on outstanding questions arising from the migrant crisis, one of which is how to fairly distribute asylum-seekers among all the bloc's 28 member states.

Chancellor Angela Merkel
AFP/GETTY IMAGES

She told German public broadcaster ARD that "everybody has to do their bit" and didn't rule out the possibility of letting some countries take in fewer migrants if they contribute more financially instead.

"How the individual components are weighted will have to be seen," said Merkel.

But she reiterated her stance that blocking refugees based on their religion was misguided.

"What I continue to think is wrong is that some say 'We generally don't want Muslims in our country, regardless of whether there's a humanitarian need or not,"' she said. "We're going to have to keep discussing that."

Her comments come almost a year after Merkel's decision to allow hundreds of thousands of migrants stuck in other European countries to come to Germany.

That move prompted a further wave of migration through the Balkans that culminated in the daily arrival of more than 10,000 asylum-seekers at German borders at one point.
THE ASSOCIATED PRESS

Canada's answer to Silicon Valley

INNOVATION

Toronto's tech centre suitable home for range of new startups

Ooka Island is a rapidly growing learn-to-read software startup with roots planted in the red soil of Prince Edward Island.

But when the Charlottetown-based company planned to get serious about bringing its product to market, it needed to expand to an urban centre close to venture capitalists, a pool of skilled labour and a broader customer base.

"Once you get to the product validation stage it is hard to be on an island far away," said Kelly Shaw, CEO of Ooka Island.

Ooka Island moved into a co-sharing space at Toronto's MaRS innovation nearly two years ago. Its neighbours include other startups, advisors and investors and tech giants such as Facebook, Etsy and Airbnb.

"It's like planned serendipity — it's like these introductions and moments of connections happen and sometimes they're unexpected and sometimes they're planned," Shaw said. Once upon a time, the need for such an ecosystem might have required a move south to Silicon Valley. But now the stretch of Highway 401 that connects Toronto with Kitchener-Waterloo has many hallmarks similar to that other famous tech corridor along California's Highway 101.

Kelly Shaw CEO of educational startup Ooka Island says the business has grown since moving to TO. TORSTAR NEWS SERVICE

The success of the tech cluster in Canada's most densely populated area has inspired cities and towns to try and emulate the formula by creating tech incubators and accelerators, helped by millions in federal government funding. But we can't all be Silicon Valley North. California's famous tech region is successful because it connects startups, venture capitalists, late-stage companies' talent and tech giants, said Alex Kolicich, a 30-year-old venture capitalist who moved to the Valley after graduating from the University of Waterloo.

"The Toronto-Waterloo corridor seems to have a lot of the ingredients you'd want in a tech centre," he said, adding that Canada has less capacity for multiple tech hubs than the U.S., so it makes sense to focus on building just a few. "The game is to have that concentration and density of talent to create that number one player, so you want to be in a serious tech ecosystem," he said. "It's very difficult to do that without concentrating."

TORSTAR NEWS SERVICE

INNOVATORS

The top 10 countries on the 2016 Global Innovation Index with their scores out of 100

1. Switzerland 66.28
2. Sweden 63.57
3. United Kingdom 61.93
4. United States of America 61.40
5. Finland 59.90
6. Singapore
7. Ireland 59.03
8. Denmark 58.45
9. Netherlands 58.29
10. Germany 57.94
15. Canada

PC Alberta

Notice of Annual General Meeting

THE CALGARY-MCCALL

PC ASSOCIATION

Thursday, September 15, 2016

Date: Thursday, September 15, 2016

Time: 6:30 p.m.

Location: 3910 – 32nd Street NE, Calgary AB

Any interested person may attend but must live in the boundaries of the McCall constituency to vote. If you are unsure of residency, please check the Elections Alberta website http://www.elections.ab.ca/wp-content/uploads/ED20_CALGARY_McCALL.pdf.

A valid PCAA membership is required for voting purposes. Memberships are available online at www.pcalberta.org. In order to vote, the membership has to be 14 days old before the date of the AGM. The purpose of the meeting is to elect the Board of Directors to the Calgary-McCall PCAA, confirm the constitution, and report on the status of the constituency association.

Anyone interested in putting their name forward for a position on the Board, please contact the Returning Officer, Jamie Lall at Jamie@CalgaryHES.ca

SEAFOOD

Mussel shortage hitting New England's fishing industry

New England is running out of mussels. The Gulf of Maine's once strong population of wild blue mussels is disappearing, scientists say. A study led by marine ecologists at the University of California at Irvine found the numbers along the gulf coastline have declined by more than 60 per cent over the last 40 years.

Once covering as much as two-thirds of the gulf's intertidal zone, mussels now cover less than 15 per cent.

"It would be like losing a forest," said biologist Cascade Sorte, who with her colleagues at the university conducted the study and recently published their findings in the Global Change Biology journal.

> **"It would be like losing a forest.**
> Biologist Cascade Sorte on the dwindling mussel figures

The Gulf of Maine stretches from Cape Cod to Canada and is a key marine environment and important to commercial fishing. Blue mussels are used in seafood dishes and worth millions to the economy of some New England states, but are also important in moving bacteria and toxins out of the water. "It's so disheartening to see it (the loss) in our marine habitats. We're losing the habitats they create," she said.

Disheartening, and also sometimes a smelly nuisance. Thousands of dead mussels washed up last week on the shores of Long Island, New York, and a Stony Brook University professor said the die-off could be attributable to warm water temperature.

The Sorte study focused on 20 sites along the gulf, using historical data to compare today's mussel populations to those of the past. She said the decline of mussels isn't due to just one factor — warming ocean water, increases in human harvesting and the introduction of new predatory invasive species all appear to play a role. THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Monday, August 29, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION
Can men wear sandals? I mean other than Jesus.

Dear Ellen,
Can men wear sandals? I mean other than Jesus.

JL

Dear JL,

Before we begin with this intensely interesting and relevant question, may I address your use of the word "can"? It means, roughly, "able to." Obviously, any man "can" wear sandals. The question is, "should" a man wear sandals?

As with so many matters of etiquette, the answer is "it depends."

Is the man alone on a beach? Then yes, the man should wear sandals if he wants, and in fact wear nothing but his sandals, if that is his desire. What we do in private is subject to no laws of etiquette or even common decency. Privacy is our right, as long as it doesn't infringe on the rights of others. This is why Edward Snowden deserves a full pardon, if not a medal for service to his fellow Americans.

Is the man amongst other people on the beach? No problemo. Sandals on a beach are appropriate. Does the man have grotesque, horny Hobbit feet that will scare small children? Sorry, kids, avert your gaze if you must. But those feet have the same rights as yours to sun, sand and surf.

Is the man wearing the sandals in the workplace? If the dress code allows it, and as long as women or others are allowed to brandish their tootsies, then there's no way we can forbid the male of the species from peacocking his own peds. Some of us might have the old-fashioned idea that sandals on men are never a good look without sun, sand and surf to blind us to the full effect of their naked feet. But that's a prejudice that has no place in modern, non-sexist etiquette.

You might think that a contagious foot disease would be a good reason to forbid sandals, and yes, it's only polite to cover any suppurating sores.

Is the man wearing the sandals in a fancy restaurant? I must say, this is where I am tempted to draw the line. Every snobbish bone in my body recoils at this idea, as I think that anyone with poor enough judgment to wear sandals to a nice resto could hardly be trusted to have had a recent pedicure. But, in good conscience, I must allow it if the restaurant does.

You might think that a contagious foot disease would be a good reason to forbid sandals, and yes, it's only polite to cover any suppurating sores that are spreading infection. (Incidentally, since you brought up Jesus, allow me to point out that a person with the unsightly symptoms of leprosy is entitled to wear sandals, since the disease is transmitted by nose and mouth.)

Finally, is the man wearing the sandals with a wetsuit on a beach in France, where he might be mistaken for a Muslim woman who doesn't want to expose her hair or skin to UV rays or fellow beach bums? Then I would say he has every right to wear the sandals, and the wetsuit. But I would caution him that he must be prepared to deal with shameless demagogues who at this very moment are hypocritically using "respect for women" to justify Islamophobic, racist and misogynistic persecution of "burkini"-wearing women, even though the highest court in the country has told them they're wrong.

Sadly, I fear that old leper-loving, sandal-wearing Jewish prophet Jesus Christ himself would be in danger from these so-called Christians. Whether you believe in God or not, the fact is JC the man walked the walk when it came to loving his fellow humans, and judging not lest he be judged. And, to his peril, he wasn't afraid to stand up to bigots and hypocrites.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD
When it comes to personality, 'A' is the only type to be

I am Type A, and I am also not. Type A doesn't actually mean anything.

Or rather, it means no one thing, and also many things. It is an entirely useless and incredibly useful term.

If you are so inclined — if you're so Type A as to feel the need to define yourself — you can claim Type A by pointing to various needs: to control, to find success, to reach a target, to complete a task.

If you are not so inclined — if you prefer to imagine yourself as whimsical or easygoing or accommodating or chill — you can claim anything-but-Type-A. Or everything-but-Type-A. "What are the other types?" you wonder. Everyone has forgotten. Whatever they were, the others never made the cultural impact that Type A has made. Probably thanks to Type A people.

A recent article by Melissa Dahl for New York Magazine's Science of Us blog argues that there's no single definition of Type A. It is, per a source she quotes, "bulls—t."

But that's not to say it's inexplicable. It turns out that Type A can be traced to, of all things, tobacco corporations. Their idea was to fund research that asked whether your personality, as opposed to smokes, could be what's killing you via heart disease. As Dahl found, the question had merit: "The research narrowed in on two components within the original conception of Type A — anger and hostility — which have indeed been shown to be linked to a higher risk of heart disease."

This is, no doubt, why Type A has endured. The research didn't work exactly as intended by Philip Morris and co., but it did give controlling folks everywhere a nice cosy umbrella to stand under, a place to call home.

I may balk at the idea that anger and hostility are in my nature (surely they don't define me), but Type A has been a helpful phrase in my life.

As a teen, it helped me understand why no one else got so mad about littering, and why I could not go to school in unmatching socks. It gave me a rationalization when I felt like being outspoken. I wasn't "bossy" (though of course I also was); I was Type A.

I still sometimes wish I could be more chill like all you other folks. But the feeling passes.

You might go with the flow, but I'm Type A. And as bulls—t as that is, we get s—t done.

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Monday, August 29, 2016

21%

Junk food study: Consumption of sugary drinks fell by 21 per cent in Berkeley, Calif., four months after the city's soda tax came into effect last year.

All that stuff nobody wants

MINIMALIST MILLENIALS

Young adults don't want to inherit family's heirlooms

Liz Brown
Metro | Canada

For years, Juliana Weberman has been dodging the household heirlooms and castoffs her parents try to gift her.

There are La-Z-Boys, various kitchen supplies and a table that belonged to her grandparents — all things her mom and dad want to pass on to her and her brother. But Weberman isn't interested in inheriting them.

"My parents' house is twice the size of mine," says Weberman, 35, who lives in a three-bedroom home in Brantford, Ont. with her six-month-old daughter and husband.

"Where would I put all that stuff?"

With high housing costs, smaller families and a later start into domestic life, millennials are shunning some of the material trappings that were their markers of success for their baby boomer parents.

It's a trend Veronica Harding has noticed in her 25 years working in estate sales. As owner of The Great Estate Sale in Toronto, Harding says she's seen a shift towards this minimalism in the younger generation.

It's particularly difficult to unload what Harding calls 'dust collectors': the Royal Doulton figurines; the china sets; the silverware that baby boomers consider family heirlooms.

"Twenty years ago, kids took this stuff from their parents. Now they don't want it. You have to clean it, you have to polish silver; china is nice but you can't put it in the dishwasher and who has time for that in today's society?"

"And if you look at the housing situation, most young people can't afford a big house. They're living in condos and apartments so a lot of the furniture won't even fit."

David Colletto, CEO at Abacus Data, has spearheaded market research into the behaviours and tastes of millennials. He doesn't think his generation is any less materialistic than their parents — rather, as a generation, they value different, more intangible things.

Research conducted by Edelman and StrategyOne asked people aged 16-22 what they would give up out of a list of items (including cosmetics, their car, passport, smartphone and sense of smell).

Over half (53 per cent) said they would give up their sense of smell if they could keep their smartphone.

According to Colletto, this priority on connectivity through social media is what drives the millennial consumer.

"For millennials, we're not looking to express our accomplishments through nice dishes or a nice car.

"Going to cool places, being able to experience amazing things and sharing them on social media is the equivalent of those things," he says.

That's not to say millennials don't appreciate some family treasures. Weberman has kept her grandmother's wedding band and Colletto has a hat of his grandfather's.

"It comes down to sentimentality," says Weberman, who would rather have small, meaningful items than large pieces of furniture or knick knacks.

"We'd rather take a few trips every year than have big mortgage payments on a bigger house to store all that stuff."

Juliana Weberman says she does have the room to take on all the things passed on to her from her parents. PATRICK WEBERMAN

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CDI college

Buying disability insurance can be complicated, so get help from a qualified insurance broker, writes Gail Vaz-Oxlade. ISTOCK

Know your work insurance policy

ADVICE

Study the ins and outs of your benefits' disability plan

Gail Vaz-Oxlade
For Metro Canada

One of the biggest myths about disability is that it won't happen to you.

Or maybe you think, "I'm covered at work. That's good enough." Since work-related plans seldom have the kind of coverage available on individual disability insurance policies, you could be in for a shock.

Imagine being diagnosed with a progressively debilitating disease.

Imagine the relief of knowing that, while you have to stop working, you have a group disability plan that will help to make ends meet.

Imagine your disbelief when your claim is declined by the insurance company because you just aren't "disabled" enough.

Want to avoid a nasty surprise when you can least afford it? Take these questions to your benefits administrator at work and make sure you understand the answers you get:

QUICK QUIZ

If you're over 30 years old, what's the likelihood that you'll have a long-term disability — lasting more than 90 days — at some point in your life?
1 in 10
1 in 5
1 in 3
1 in 2
The answer: 1 in 3.

How long would you likely remain on disability?
6 months
14 months
28 months
32 months
The answer: 32 months.

What's the policy's definition of disabled and how long will benefits be paid? If you can't do the job you were hired to do, will you be paid regardless of what other work you may be able to find? Will partial benefits be paid if you can only work for a few hours a day?

A weak definition of disabled can be one of the biggest holes in a plan. If your policy has an "any occupation" clause, which is typical of most group plans, the only way you'll collect is if you're unable to do any work at all. If the insurance company deems you could be a parking lot attendant, it won't pay.

How much are you covered for and how will it be taxed? Most group policies cover employees for a certain percentage of their salaries — typically 60 to 75 per cent.

Some also have a cumulative maximum. If you pay tax on your premiums, you won't pay tax on your benefits, and vice versa.

Does my policy have a residual disability feature? Without it, years may pass before your claim can begin because you must meet the insurance company's definition of "totally disabled."

What are the exclusions on your policy? Typical exclusions include travel outside Canada, pre-existing conditions, and alcoholism. The list can be wide and varied.

If you don't think you've got an iron-clad disability policy at work, or you have no disability insurance at all, it's time to shop for individual coverage.

Buying disability insurance can be complicated, so get help from a qualified insurance broker. And do it before you're 30 or you'll pay through the teeth!

For more money advice, visit Gail's website gailvazoxlade.com

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YOU CAN DO THIS CUSTOMER SERVICE REPRESENTATIVE

CSR: Getting a foot in the door

WHY I LIKE MY JOB

Michael Dilorio, 33 — Manager, Client Experience in Toronto, Ont.

My first job involved taking calls from investors and financial advisors at a reputable financial planning firm.

I had no idea what I was getting into, but luckily the company provided extensive training to help build my confidence in handling client calls.

It was an entry-level role that didn't require previous experience.

Once I got my foot in the door, I took the Canadian Securities Course (CSC) to gain a better understanding of the industry.

Soon after, I progressed from front-line representative to a member of the communications team, where my writing skills were used to develop client-facing communications.

I now manage a team that helps implement and enhance the client experience by delivering front-facing online tools that provide value and generate positive end-user emotions.

Advancing to a management role in customer service requires continuous learning, positive response to change, commitment to quality work and an understanding of people.

I enjoy making a positive impact and seeing the results of my work, whether it's helping clients answer questions, ensuring their feedback is heard, or delivering quality output that users are happy with.

THE BASICS:
Customer service representative

$36,540

Median annual salary for a customer service representative. Those who advance to team lead or management-level positions can expect to earn a minimum of $48,000 per year.

+9%

Projected job growth rate over the next 8 years.

Data for this feature was provided by: payscale.com, servicecanada.gc.ca, ontariocolleges.ca, jobbank.gc.ca and onetonline.org.

HOW TO START

Although this occupation doesn't require specific credentials, customer service representatives are arguably one of the most diversely educated professionals in the workforce. It's a popular starting point for new graduates trained in business, finance, communications and information technology; however, it's also regarded as a rewarding career for those who may not possess a degree or diploma but enjoy helping others.

WHERE YOU CAN GO

Customer service representatives work in almost every industry, including insurance, manufacturing, telecommunications and the public sector. As such, prospective employees can search for work in banks, retail stores, software firms and any environment that involves client engagement. Many companies have recently refocused their internal strategies and marketing efforts to stand out as leaders in customer service.

NEXT CAREER STEP

An experienced worker in this field can advance to a team leader or manager in a client-driven environment. Since client interactions can occur in person, over the phone or online, workers in this field are encouraged to keep abreast of emerging technologies and platforms. Using proper grammar and spelling or even learning another language will also go a long way in securing customer loyalty in web-based interactions.

Food is not 'nutritional cocaine,' says Panera CEO

INTERVIEW

Ron Shaich on self-respect, and why he avoids gluten

A Bistro French Onion Soup Bread Bowl is seen at a Panera bread restaurant. The company's CEO says he tries to avoid gluten. AP PHOTO/MARY ALTAFFER

Panera founder and CEO Ron Shaich considers himself the "discoverer-in-chief," meaning he's in charge of ensuring the bakery chain's image doesn't grow stale.

The company's recent efforts include ridding its menu of ingredients with long, chemical-sounding names people might find unappetizing. It's also trying to reduce what Shaich refers to as "friction" to make it easier for customers to get their food, whether it's through online ordering or in-store tablets that let people avoid standing in line.

Panera says the efforts are paying off, with sales up 2.3 per cent at established locations for the latest quarter.

Shaich recently spoke with The Associated Press about his role as CEO, why he's careful about his gluten intake, and which product name he thinks is "stupid." His comments have been edited for length.

You've equated eating at Panera with having self-respect. What do you mean by that?
Two weeks ago, I was in an airport and I walked up to a nameless fast-food chain. I ordered something. I watched the people make the food without gloves on. I thought about where their hands had been. Then I walked over to sit in this environment, with this chair that was bolted to the floor. I felt so crummy about myself.

Food is not simply nutritional cocaine that I'm injecting in my body. It is about a relationship I have with myself, how I see myself, what I want from myself.

What's the challenge for big restaurant chains right now?
Today, it's all about trust and relevancy. And large corporate entities are more untrusted than trusted. And they've earned that by the way they've done things. People basically trust a small local operator more than they trust the big corporate entity.

So how does a small company grow into a big company and stay relevant?
When companies start out, they figure out a better way to do something, and they're very relevant. Behind discovery is delivery. Delivery is about being more efficient, it's about numbers, and it's about extracting costs.

I noticed Panera has a "gluten-conscious cookie." What does that mean?
That is gluten-free cookies in a world where the lawyers won't let you say "gluten free." You cannot walk into a Panera and be a celiac without having flour dust in the air. So our lawyers say we can't say gluten free. They're gluten conscious.

So your lawyers came up with the name?
As a simple, single soul that goes into Panera, I feel good about eating that cookie because I often try to avoid gluten. It has no gluten in that cookie. I'm not telling you that it meets the highest standards of whatever. I think it's a stupid name.

THE ASSOCIATED PRESS

RESTAURANTS

Has KFC's secret recipe been revealed?

Has Colonel Sanders' nephew inadvertently revealed to the world the secret blend of 11 herbs and spices behind KFC's fried chicken empire?

The company says the recipe published in the Chicago Tribune is not authentic. But that hasn't stopped rampant online speculation that one of the most legendary and closely guarded secrets in the history of fast food has been exposed.

It all started when a reporter visited with Joe Ledington, a nephew of Kentucky Fried Chicken founder Colonel Harland David Sanders.

The reporter was working on a story for the Tribune's travel section about Corbin, Kentucky, where the colonel served his first fried chicken. At one point, Ledington pulled out a family scrapbook containing the last will and testament of Sanders' second wife, Claudia Ledington.

On the back of the document is a handwritten list for a blend of 11 herbs and spices to be mixed with two cups of white flour. While Joe Ledington initially told the reporter that it was the original recipe, he later said that he didn't know for sure.

KFC — which is a subsidiary of Yum Brands Inc. — calls its recipe "one of the biggest trade secrets in the world." It says that the recipe the reporter saw is not the real thing.

"Many people have made these claims over the years and no one has been accurate — this one isn't either," KFC said in a statement.

The Louisville, Kentucky-based company says that the original recipe from 1940 handwritten by Sanders is locked up in a digital safe that's encased in two feet of concrete and monitored 24 hours a day by a video and motion detection surveillance system.

Joe Ledington could not immediately be reached for comment on Friday.

THE ASSOCIATED PRESS

A bucket of the famous chicken HANDOUT

GIVE IT A TRY

Social media is lighting up on the possibility that, at long last, Colonel Sanders' 11 herbs and spices have been revealed. KFC says it hasn't. Try for yourself.

The 11 spices:
2/3 tablespoon salt
1/2 tablespoon thyme
1/2 tablespoon basil
1/3 tablespoon oregano
1 tablespoon celery salt
1 tablespoon black pepper
1 tablespoon dried mustard
4 tablespoon paprika
2 tablespoon garlic salt
1 tablespoon ground ginger
3 tablespoon white pepper
Mix spices above with 2 cups of white flour.

THE ASSOCIATED PRESS

Jenner's ex writes of love, family, loss

BOOKS

Linda Thompson on relationships with Elvis Presley, Caitlyn Jenner

Linda Thompson, who lived with Elvis Presley and was married to Bruce Jenner, has kept the details of her high-profile relationships private over the years.

But Thompson has learned that if you're in the public eye and you keep quiet, others will write their version of what happened. Case in point: the now fabled story about Elvis shooting his television.

Thompson says she has heard others say "I was there when he shot the TV set out and Robert Goulet was singing," but she was alone with Presley in his bedroom when it happened.

She writes about Elvis, Jenner and her ex-husband, music producer David Foster, in her new book, A Little Thing Called Life: On Loving Elvis Presley, Bruce Jenner, and Songs in Between (Dey Street Books).

"For so long I just let people surmise what they would about my life and my choices and other people have written books and told tales," she says.

Thompson says Jenner, now Caitlyn Jenner, told her he wanted to transition to a woman.

"It was nice to exhale after harbouring certainly Caitlyn's secret and so many wonderful stories about Elvis, but also so many painful truths about him as well," she says.

Thompson talked about her personal relationships, the notion of celebrity, and her sons, Brandon and Brody Jenner, in a recent interview with The Associated Press.

Associated Press: Was it difficult to revisit your past relationships when writing this book?

Thompson: You know, I call myself out on my mistakes, but in telling the truth, sometimes it stings a little and I wanted to palliate that with kindness. I had an admonition to myself, 'Is it true? Is it necessary? And is it kind?' So I let that be my dictate in writing the book. Sometimes the truth is not always kind but you can soften it.

AP: Elvis Presley is still so iconic. If you hear one of his songs or see one of his films on TV, are you able to separate your past with him and see him as the celebrity he still is?

Thompson: There's still a spot in my heart that's raw ... and still stings from that loss. When I was with Elvis I used to remind myself there's Elvis on the marquee and then there's the living, breathing Elvis. There's a great lesson in that as well in the way we celebrate people and we put them on a pedestal. It's an impossible way to sustain your life. I think we do people a great disservice by putting them on a pedestal and not allowing them to be human.

AP: When the world was speculating about Jenner's transition from Bruce to Caitlyn, you knew the truth. What was that like?

Thompson: Strangers would sometimes come up to me on the street and say, 'What's going on with Bruce?' People took a lot of liberty in asking questions. It was difficult.

AP: So what did you think when he told you that he identified as a woman?

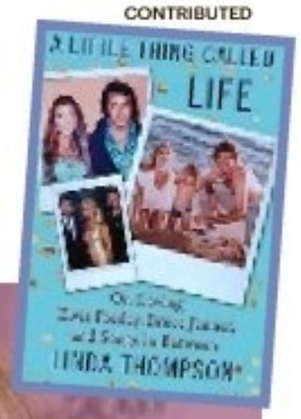
Thompson: As much as it disrupted my whole life, I had to feel a great deal of empathy for her. That was an internal battle he had fought for his whole life. I say in the book and I tease Caitlyn sometimes, 'You kicked manhood's butt. You did that man thing really well.'

AP: How are your sons since this revelation?

Thompson: Brandon and Brody have displayed such remarkable integrity. I'm astounded at what good human beings they are.

Bruce was not around a lot when they were growing up and they have been able to look back, understand now the inner turmoil he was experiencing and forgive him, and to embrace Caitlyn as kind of their new parent. THE ASSOCIATED PRESS

CONTRIBUTED



Linda Thompson. GETTY IMAGES

For so long I just let people surmise what they would about my life and my choices and other people have written books and told tales. Linda Thompson

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Justice Smith plays Ezekiel Figuero in Baz Luhrmann's Netflix series The Get Down. CONTRIBUTED

The dawn of Justice Smith

PROFILE

Lead man in The Get Down is praised for breakout role

At Justice Smith's audition for The Get Down, Baz Luhrmann's ambitious Netflix series chronicling the birth of hip hop in 1979 New York, he performed Juicy by the late Notorious B.I.G. "You know very well/who you are," he sang. "Don't let 'em hold you down/reach for the stars."

At just 21 (his birthday was Aug. 9, meaning Juicy dropped exactly one year before he was born), the breakout star of the richly drawn series seems to indeed know very well who he is.

"I was always taught to be emotional and expressive," he says over the phone from New York, where he is still in production on the final two episodes of the first season (the first six, dubbed Part One, are streaming now on Netflix). By contrast, his lavishly named character, Ezekiel "Zeke" Figuero, tries to hide his poetic heart. "He's expressive, but there's added pressure that he succumbs to about what it means to be a man," Smith says in his first print interview.

The long-gestating series (Luhrmann has been developing the project since 2006) follows Smith through his coming-of-age in the creatively vibrant, fiercely violent street culture of the South Bronx, a conflux of influences that would give rise to hip hop (the show also provides a deep dive into disco's reign).

> **I was always around music. Even if I wasn't actively studying it, I was absorbing it.**
> Justice Smith on life at home

Though Smith grew up in a family of musicians, he always saw himself as the least likely to achieve musical stardom. "My parents are both singers and my sister's a singer as well," he says. "I was the only actor." Yet this musical upbringing has served him well on The Get Down, in which he raps and dances with his crew the Get Down Brothers. "I would hear them singing or practising," he says of his family.

"I was always around music. Even if I wasn't actively studying it, I was absorbing it. It was just a matter of accessing it."

Though hip hop rules much of American Top 40, Smith isn't necessarily a fan: his tastes lean more toward jazz and folk than rap. "I listened to a whole bunch of hip hop from every decade," he says of his Get Down prep.

As part of a Get Down boot camp, Smith was also given a reading list. One book that stuck with him was Down These Mean Streets, Piri Thomas's memoir of growing up in the street scene of Spanish Harlem.

"He talks about growing up in the ghetto and when you are walking down the street you have to have cara palo, which means stone face," he says. "It's not manly to show any emotion, because emotion is weakness.

"That was something that I tried to apply to Zeke, having a stone face, but also this deep well of emotion inside of him."

The shoot was by all accounts demanding, with Variety reporting it as "among the most expensive shows in history" with an extravagant $10-million budget per episode. Though the sprawling series' lack of focus can be confusing, critics have praised Smith's performance.

Better yet, so have the fans.

It shows how well-matched Smith was with executive producer Luhrmann's heart-on-your-sleeve style. Smith's own journey might be only just beginning, but half the fun of The Get Down is discovering the young talent as he takes those soulful first steps. TORSTAR NEWS SERVICE

JOHANNA SCHNELLER WHAT I'M WATCHING

Love and youth are timeless

THE MOVIE: XOXO (Netflix)
THE MOMENT: The insider cameo

DJ-wannabe Ethan Shaw (Graham Phillips, The Good Wife) is mixing an electronic dance music (EDM) track labeled "Mom — vocal" in his bedroom when he gets an IM: His YouTube single is racking up views. In the background, his mother calls out, "Sweetie, how many hits do we have?"

"We just passed a million," Ethan replies. He heads for the kitchen. His mother's at the table. "Are there any more comments about me?" she asks.

"Everyone's loving your voice, Mom. Seriously," he replies.

This made-for-Netflix film quickly leaves Mom in her kitchen and never looks back, as Ethan and fellow 20-somethings head off for a magical night at XOXO, the biggest EDM rave in America.

Sarah Hyland plays Krystal in EDM movie XOXO. CONTRIBUTED

Ethan gets his break as a DJ and Krystal (Sarah Hyland, Modern Family) finds love, against a backdrop of neon makeup, Ecstasy and Skrillex.

Look again at Mom, though: She's Ione Skye, best known as the girl John Cusack woos by holding a boom box over his head in Say Anything, the 1989 teen love story from music fan/writer/director Cameron Crowe, which culminates in one of the great high-school parties of cinema.

Skye's presence in XOXO is what I call a Reverential Cameo — a cinematic Easter egg for aficionados. It draws a line from that film to this, hoping to establish XOXO's bona fides through its references. In '89 a love song was "In Your Eyes;" now it's Diplo. But the filmmakers threw in that glimpse of Skye to remind those who notice that love and youth are timeless.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

6 NEW TELEVISION SHOWS TO TUNE INTO THIS FALL

The fall TV season has been an annual rite since viewers were splitting their time between the trio of networks on their black-and-white TVs. Although the major broadcast networks still make the most noise when it comes to promoting their new wares, savvy viewers may find the best new shows often blossom far afield of mainstream outlets, as cable channels and streaming services prove more and more conclusively they're where the action is. Viewers who take the broad view this fall across the video landscape will find a host of delights. THE ASSOCIATED PRESS

ALL IMAGES HANDOUT

1 Divorce (HBO) — Oct. 9

Sarah Jessica Parker has passed beyond Sex and the City to a next-stage comedy that takes her out of New York City and up to the 'burbs for a role that could prove as totemic as single-girl Carrie. This time, she plays a mother and a wife (to co-star Thomas Haden Church) who's having an affair and wants out of her marriage. But there's no simple escape for her or anyone else among the series' crumbling collection of marrieds, and this show about modern life and suburban mores is a shrewd reminder why.

2 Westworld (HBO) — Oct. 2

This two-pronged odyssey is simultaneously set in an imagined sci-fi future and the re-imagined Old West past in the form of an epic theme park where lifelike robots indulge every appetite of its paying guests. What measure of depravity does this unleash in the humans who visit? And what measure of upheaval will be triggered when the robots go haywire? A huge ensemble includes Anthony Hopkins, Ed Harris, Evan Rachel Wood, Thandie Newton and Jeffrey Wright.

3 People of Earth (TBS) — Oct. 31

As loopy as this comedy is, it comes from a real place: there really are support groups for (self-declared) alien abductees. The show, coming to the Comedy Network mid-season, centres on a journalist (Wyatt Cenac) visiting a small town to write about such a support group and the alien encounters its members allege. His initial skepticism then gives way to unsettling suspicions that he, too, has been spirited away.

4 Queen Sugar (OWN) — Sept. 6

If it were only a robust melodrama, that would be enough. Its African-American ensemble and perspective make this family saga, which comes to Bravo Canada mid-season, instantly appealing. Queen Sugar does something any series should be proud to accomplish: it puts forth a varied group of individuals ranging from rich to poor and from reckless to righteous, minus the stereotyping.

5 The Exorcist (CTV, Fox) — Sept. 23

To judge from the pilot, this is no pro-forma remake. No, it appears to truly be its own thing while recapturing the (evil) spirit of the chilling 1973 film. The less said beyond that, the better, other than to note that the impressive cast includes Ben Daniels and Geena Davis — and to promise a twist that, all by itself, will make the pilot episode worth checking out.

6 The Good Place (Global, NBC) Sept. 19

In this comedy, a paperwork glitch leads to a not-so-good young woman being mistakenly dispatched to the Good Place, where only the most virtuous are meant to gain entry. Kristen Bell plays the misdirected Eleanor who, through wiles if not through personal improvement, means to keep the mistake hidden from her Good Place overseer (Ted Danson).

metro SPORTS

Yankees rookie Gary Sanchez doubled and singled in Sunday's loss to the Orioles and is hitting .404 with 11 homers in 22 games this year

Jutanugarn the juggernaut

CANADIAN OPEN

No. 2-ranked player earns her 5th victory of the season

Ariya Jutanugarn rebounded from disappointment at the Olympic Games to win the LPGA's Canadian Open on Sunday.

Knee pain forced the 20-year-old from Thailand to withdraw during the third round of the women's golf tournament in Rio, where women's golf made its Olympic debut.

Jutanugarn was the leader after the opening round there.

She almost pulled out of this week's Canadian Pacific Women's Open in Priddis but was glad she didn't.

"My knee hurt so bad last week, but when I got here on Monday and Tuesday, it was getting a lot better," Jutanugarn said Sunday after collecting a winner's cheque of $337,500.

"I think my tee shots were pretty good all week and my irons are getting a lot better in the last week or so."

Jutanugarn's fifth victory in just her second year on the tour is the most by any LPGA player this season.

Leading by two shots heading into the final round at Priddis Greens Golf and Country Club, she posted seven birdies and just one bogey en route to a 6-under 66 in cool, cloudy conditions.

She finished four shots clear of runner-up Sei Young Kim of South Korea on the 6,622-yard Raven course. Three-time winner Lydia Ko of New Zealand tied for seventh at 13-under.

Ariya Jutanugarn carded a final round of 6-under 66 to win by four strokes. JEFF MCINTOSH/THE CANADIAN PRESS

Jutanugarn received a champagne shower from playing partners Kim and countrywoman In Gee Chun after sinking a birdie putt on No. 18.

"I felt like I wanted to have fun and be happy on the course," Jutanugarn said. "I feel really happy with myself right now. No matter what's going to happen, I feel like I can handle it."

> **I felt like I had things under control for four rounds this week and it's been a while since that's happened.**
> Alena Sharp, top Canadian

Three Canadians finished in the top 15 for the first time in the history of the tournament. Alena Sharp of Hamilton closed out with gallery-pleasing, back-to-back birdies for a career-best fourth.

The 35-year-old shot 5-under on the final day to finish seven shots back of Jutanugarn.

"I can't really describe how great it feels to play this well in Canada because I have not played well at the Canadian Open in recent years," Sharp said.

Brooke Henderson of Smiths Falls, Ont., and Maude-Aimee Leblanc of Sherbrooke, Que., tied for 14th at 11-under for the tournament. THE CANADIAN PRESS

PGA

Reed completes weekend checklist

Patrick Reed had a crystal trophy, a clear shot at the richest payoff in golf and a spot on the Ryder Cup team.

All he could offer Rickie Fowler was best wishes to join him at Hazeltine.

Reed picked up two victories Sunday at The Barclays. He rallied from an early two-shot deficit to win the FedEx Cup playoff opener and assure himself a clear shot at the $10-million bonus. He also secured a spot on the U.S. team at Hazeltine that will try to win back the Ryder Cup.

Patrick Reed
GETTY IMAGES

"Everyone's been talking about the Ryder Cup, been talking about, 'Oh, you're in the eighth spot and you're on the bubble' and all that," Reed said after his one-shot victory. "If you go and win, it takes care of everything else.

"It takes care of everything."

Fowler needed only to finish alone in third place but while two shots behind Reed with four holes to play — and two shots clear of third place — Fowler missed a four-foot par putt on the 15th hole and made double bogey on the next hole. His late meltdown sent him to a 74, a tie for seventh and kept him off the U.S. Ryder Cup team.

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Stamps push unbeaten streak to 8

CFL

Daniels gets his first career TD in Calgary's 6th straight win

Rookie receiver DaVaris Daniels caught the first CFL touchdown pass of his career from Bo Levi Mitchell, and Rene Paredes kicked five field goals as the Calgary Stampeders beat the Hamilton Tiger-Cats 30-24 on Sunday night.

Mitchell was 27 of 37 passing for 323 yards and the one touchdown. Jerome Messam also ran for a TD as the Stampeders (7-1-1) won their sixth in a row while extending their unbeaten streak to eight games.

The last time the Stamps accomplished that feat was when they had a 10-game unbeaten streak over two seasons that ended in August of 1995. The last time they went eight games without losing in the same season was when they won eight in a row from July 16 to Sept. 5, 1994.

Hamilton quarterback Zach Collaros threw a pair of touchdown passes to Terrence Toliver and another one to Luke Tasker, while Brett Maher kicked a field goal for the Tiger-Cats (4-5).

Daniels hauled in a long pass from Mitchell and ran for a 76-yard touchdown as time expired in the first quarter to put Calgary up 10-7.

SUNDAY In Hamilton

30	24
STAMPS	TICATS

Paredes accounted for all the scoring in the second quarter, booting field goals from 17 and 41 yards to extend Calgary's lead to 16-7.

Maher pulled the Ticats within six points when he kicked a 47-yard field goal at 4:06 of the third quarter.

Mitchell led the Stamps on a 10-play, 76-yard drive that ended eight seconds into the fourth when Messam ran for a two-yard touchdown.

Grant then hauled in a short pass from Mitchell for a two-point convert before Paredes kicked a 14-yard field goal to extend Calgary's lead to 27-10.

Toliver then hauled in a 26-yard TD pass from Collaros to cap off a five-play, 77-yard drive before the Ticats missed the two-point convert.

Hamilton pulled within three points at 14:13 of the fourth quarter as Collaros engineered a seven-play, 71-yard drive that culminated with him tossing a five-yard TD pass to Tasker. The Ticats decided to go for a two-point convert again and were rewarded when Collaros completed a pass to Tasker in the end zone.

Paredes then rounded out the scoring with a 45-yard field goal with 32 seconds left in the game. THE CANADIAN PRESS

Stampeders Joe Burnett, top, and Deron Mayo tackle Tiger-Cats receiver Andy Fantuz on Sunday. LARRY MACDOUGAL/THE CANADIAN PRESS

INDIAN ASTROLOGER
PANDIT: KALBHAIRAV BABA JI

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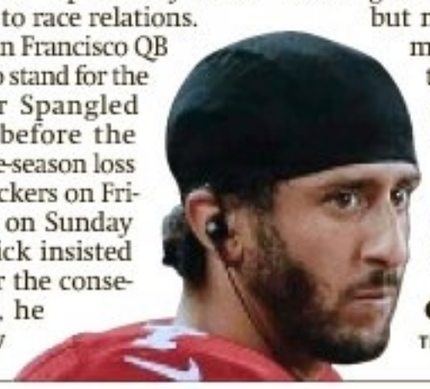
NFL

Kaepernick's anthem snub is 'what's right'

Defiant, and determined to be a conduit for U.S. change, Colin Kaepernick plans to sit through the national anthem for as long as he feels is appropriate and until he sees significant progress in America — specifically when it comes to race relations.

The San Francisco QB refused to stand for the The Star Spangled Banner before the 49ers' pre-season loss to the Packers on Friday, and on Sunday Kaepernick insisted whatever the consequences, he will know "I did what's right." He said he hasn't heard from the NFL or anyone else about his actions — and it won't matter if he does.

He explained his viewpoints to teammates in the morning, some agreeing with his message but not necessarily his method. Some said they know he has offended his countrymen, others didn't even know what he had done. THE ASSOCIATED PRESS



Colin Kaepernick THE ASSOCIATED PRESS

MLB

Jays third baseman makes it rain hats

Josh Donaldson briefly turned Rogers Centre into a hockey arena on Sunday.

With the Blue Jays wearing their red uniforms on Canada Baseball Day in Toronto, the third baseman hit three home runs for a hat trick in a 9-6 victory over the Minnesota Twins. Fans threw hats on the field after Donaldson's third homer in the eighth inning for the Jays, who completed the three-game sweep.

"You don't know if it's ever going to happen, it's kind of a rare thing (and) I was happy to do it," said Donaldson of hitting three homers in a single game.

After the game Donaldson posted a picture on Twitter of him holding up two clear garbage bags filled with ballcaps.

Donaldson's two-run homer (74-56) in the seventh gave Toronto a 6-5 lead and helped extend the Twins' (49-81) losing streak to 10 games. THE CANADIAN PRESS

Josh Donaldson @BRINGEROFRAIN20/ TWITTER

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Citizens hold off Hammers

Raheem Sterling evades West Ham United goalkeeper Adrian en route to his game-sealing second goal of the game in Manchester City's 3-1 win. OLI SCARFF/AFP/GETTY IMAGES

PREMIER LEAGUE

Man City keep perfect start intact vs. cagey Londoners

Manchester City kept pace with likely title rivals Manchester United and Chelsea by beating West Ham 3-1 on Sunday for a third straight victory in the early stages of the English Premier League season.

However, what started as a lesson in pass-and-move, attacking football by City under new coach Pep Guardiola turned into a nervy finish at Etihad Stadium.

Raheem Sterling and Fernandinho scored in the opening 18 minutes for City, which carved West Ham open at will in a dominant first-half display that showed Guardiola's influence is already rubbing off on his players.

Injury-hit West Ham improved in the second half and Michail Antonio's 58th-minute header made City work for its win, which was sealed by another goal by Sterling in injury time when he rounded the goalkeeper and scored from a narrow angle.

At least one perfect record will go when United plays City at Old Trafford in the first round of games after the international break.

It's early days, but it could well be a shootout for the title between the three teams already at the top of the standings. City currently is ahead of United and Chelsea on goal difference — and Guardiola said there's plenty more to come.

"Of course, there is still room for improvement," Guardiola said, "but we have been playing well and hopefully we can continue doing that.

"We have to make an amazing performance to win at Old Trafford. I can imagine the atmosphere. I am looking forward to live that experience."

In the other game Sunday, Middlesbrough maintained its unbeaten start to life back in the Premier League by drawing 0-0 at West Bromwich Albion in a game of few clear-cut chances.

THE ASSOCIATED PRESS

IN BRIEF

Rakitic bails out Barça

Ivan Rakitic scored in the first half to help Barcelona win 1-0 at Athletic Bilbao on Sunday for a second straight victory at the start of the Spanish league season.

The Croatia midfielder headed in a well-placed cross by Arda Turan to cap a quick attack that broke down Bilbao's high defensive line in the 21st minute.

Lionel Messi and Luis Suarez were both off-target with a handful of opportunities to seal the win at San Mames Stadium.

THE ASSOCIATED PRESS

Timbers drop Sounders

The Portland Timbers scored four goals in the first half then held off Seattle 4-2 on Sunday, snapping the Sounders' five-game unbeaten streak.

Vytautas Andriuskevicius, Fanendo Adi, Lucas Melano and Steven Taylor scored for the Timbers.

THE ASSOCIATED PRESS

Spaniard De la Cruz seizes moment at Vuelta

Spaniard David de la Cruz took the lead of the Spanish Vuelta from Nairo Quintana after completing a successful breakaway to win the mountainous ninth stage on Sunday.

THE ASSOCIATED PRESS

Rosberg closes F1 gap

Nico Rosberg won an incident-packed Belgian Grand Prix featuring a chaotic start, wild overtaking, a heavy crash, safety cars and a red flag.

The Mercedes driver's win on Sunday saw him close the gap to nine points on teammate Lewis Hamilton. THE ASSOCIATED PRESS

NASCAR

Larson takes hold of Sprint Cup glory

During the last couple laps of his first Sprint Cup victory, Kyle Larson was emotional.

"I think with two to go, I was starting to get choked up," he said. "We worked really, really hard to get a win, and just haven't done it. Finally all the hard work by everybody, hundreds of people at our race shop, people who have got me through to the Cup Series, it was all paying off."

Kyle Larson GETTY IMAGES

Larson took the lead on a restart with nine laps remaining and held off Chase Elliott at Michigan International Speedway on Sunday in a duel between two of NASCAR's up-and-coming standouts. Elliott had a comfortable lead before a tire problem on Michael Annett's car brought out the yellow flag. Larson had the better restart and went on to win by 1.48 seconds.

Brad Keselowski finished third.

Larson's victory in his No. 42 Chevrolet snapped a 99-race losing streak for Chip Ganassi Racing dating to Jamie McMurray's victory at Talladega in 2013.

Larson secured a spot in the Chase for the Sprint Cup with two races left in the regular season. Elliott remains winless, but is in solid shape to make the Chase field on points if need be.

It was the 99th career start for the 24-year-old Larson, who had 14 top-five finishes before Sunday but hadn't won at the Cup level. The 20-year-old Elliott is winless in 29 starts, but this was an impressive showing for him after eight consecutive races outside the top 10.

THE ASSOCIATED PRESS

LITTLE LEAGUE WORLD SERIES

Tourney ends well

As Ryan Harlost stepped to the mound on Sunday, he took it all in.

Chants of "U-S-A, U-S-A!" droned over his left shoulder as he dipped it to deliver a warm-up pitch. South Korean arms and flags waved furiously to his right. Little kids who asked for his autograph earlier in the week used makeshift sleds to slide down the hill toward most of the 22,000-plus fans who packed Lamade Stadium in South Williamsport, Pa.

The Endwell, N.Y., pitcher admitted it made him uneasy. He sure didn't show it.

Harlost led New York to the Little League World Series title, striking out eight and limiting South Korea to five hits in six innings in a 2-1 win. He scored the deciding run on a passed ball in the fourth inning.

"I was a little nervous at first in front of a lot of people but it's just another game and I felt confident going in," Harlost said.

But it was more than just another game.

Endwell snapped a five-year championship drought for U.S. teams on Little League's biggest stage and gave New York its first title since 1964.

THE ASSOCIATED PRESS

Ryan Harlost GETTY IMAGES

RECIPE Orecchiette with Turkey and Broccoli

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This is the pasta recipe you didn't know you needed. It's made with a handful of ingredients and takes no time!

Ready in 20 minutes
Prep time: 5 minutes
Cook time: 15 minutes
Serves 4 to 6

Ingredients
- 1 lb (450 g) orecchiette
- 3 Tbsp olive oil
- 4 cloves garlic, minced
- 1 onion, chopped
- 1 tsp fennel seeds or fresh thyme
- 1/2 tsp crushed dried chilis (optional)
- 1 lb ground turkey
- 4 cups of broccoli florets, cut quite small
- 1 cup chicken stock
- 1/2 cup grated Parmesan cheese

Directions

1. Cook the pasta according to package instructions.

2. Warm olive oil in a large skillet over medium heat. Add garlic, onion, fennel seeds or thyme and chilis and cook three minutes. Add the turkey and cook for another five minutes, until the meat is browned and almost cooked through.

3. Carefully add broccoli to pasta two minutes before the pasta will be done. Drain pasta and broccoli and add them to the skillet.

4. Toss everything together well. Add stock and toss more. Season to taste. Serve with a healthy sprinkle of Parmesan on top.

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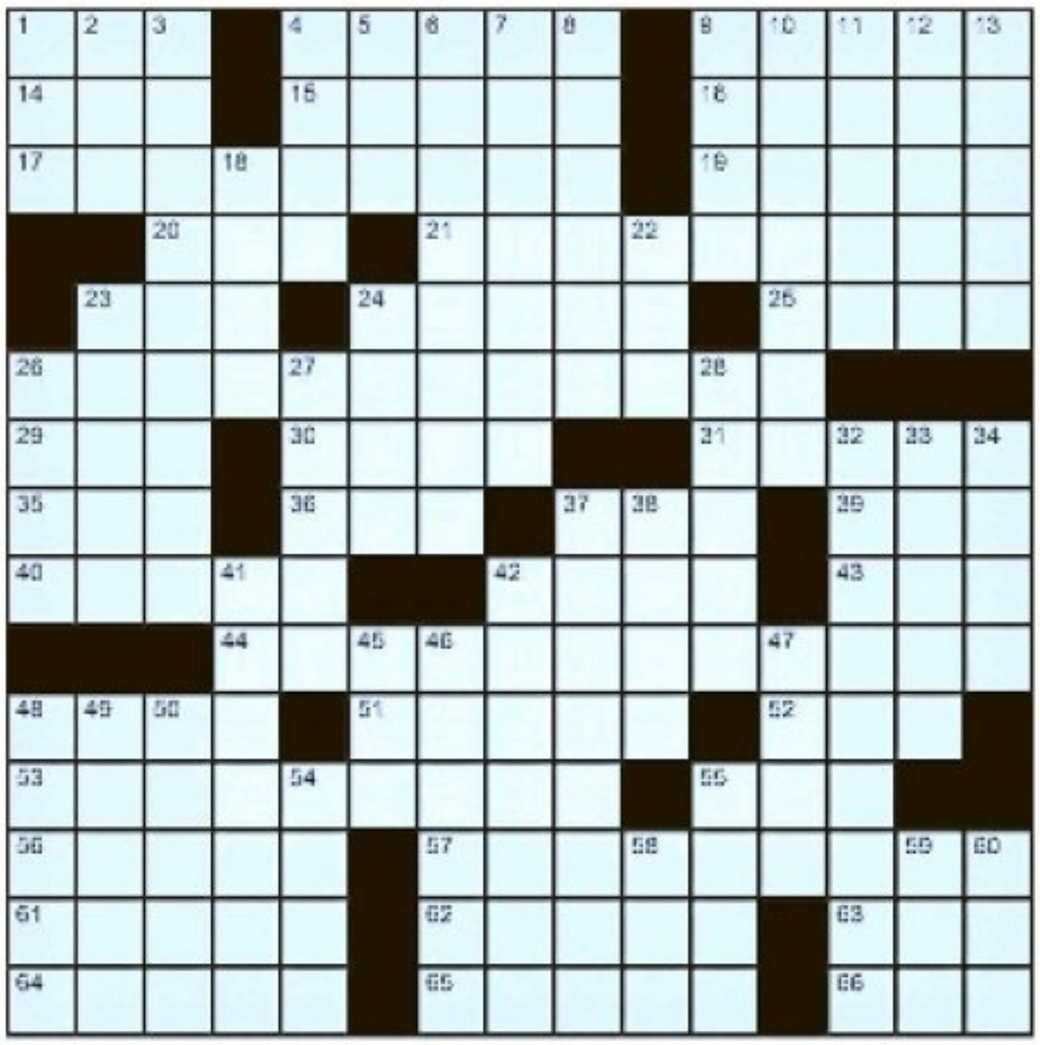
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Since-1916 car co.
4. Does restaurant kitchen work
9. Percussion stick
14. Ooh and _
15. Get the plant a new container
16. Darth of Sci-Fi
17. _ hat (Topper for Abraham Lincoln)
19. French composer Jacques
20. Fleur-de-_
21. Abundance
23. Ms. Aniston, to pals
24. Hog not
25. Last loves
26. One of the 3 Chefs on Cityline: 2 wds.
29. Comic actress Ms. Gasteyer
30. Nature shelters
31. Additional
35. Mr. Blanc
36. Cold
37. Moo _ pork (Takeout dish)
39. 'I love', in Latin
40. Place
42. Summers: French
43. Wine region of Portugal
44. Shubenacadie Provincial _ _, in Nova Scotia
48. Entreaty
51. Modern English's "_ _ With You"
52. 'Dial' add-on
53. Use rope, pitons and carabiners: 2 wds.
55. Mr. Gershwin
56. Grace's surname on Will & Grace
57. American playwright: 2 wds.
61. Country songstress Ms. Carter
62. Loosen
63. Shoe width size
64. Fidgety
65. Mr. McQueen
66. Assn.

DOWN
1. _-relief
2. Tangle, as fur
3. Costco _ Canada Ltd.
4. CEO
5. Celebrity's agt.
6. Light bulb moment
7. Forest clique trees?
8. Directs
9. Gladiator's 107
10. Mouse's sci. undertaking: 2 wds.
11. Folie _ _ (Foolishness shared by two)
12. Mesa _ National Park, in Colorado
13. Belonging to a single-named Art Deco designer
18. Wine, in Italy
22. Modern
23. Chrissy's sitcom roommate
24. Li'l requirement
26. Rocks out in rehearsal
27. Canadian songstress, _ Onukwulu
28. Fruitless: 2 wds.
32. Appeared briefly, but memorably, in the movie: 3 wds.
33. Web store, say
34. Chess piece
37. Nova Scotia's provincial mineral
38. Bulk
41. Greets the morning
42. Component
45. Beatles: What Magill called herself
46. F Plus improvement, _ _
47. Ms. Gilpin
48. The Devil Wears _ (2006)
49. Shade of green
50. Plaudit
54. Blues guitarist Robert
55. "Makes sense now.": 2 wds.
58. Ms. Ullmann
59. Poet's 'above'
60. Positive opp

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to make long-range plans for the future regarding children, as well as plan for social activities. Relations with partners will improve in the next few weeks.

Taurus April 21 - May 21
Family discussions will be practical today, which is why it's a good day to think about how to do something in the future. Line up financing and practical support.

Gemini May 22 - June 21
Discussions with partners and close friends will be practical. Everyone is willing to work and postpone pleasure.

Cancer June 22 - July 23
If shopping today, you will want to buy long-lasting, practical items, definitely on sale. All financial discussions will be serious and pertain to future security.

Leo July 24 - Aug. 23
Someone older or more experienced might have advice for you today. Whatever the case, this is not a frivolous day — quite the opposite! You're concerned with how to get things done.

Virgo Aug. 24 - Sept. 23
Research of any kind will go well today. Maintain your steady effort to discover answers and solutions to old problems, because you will make headway.

Libra Sept. 24 - Oct. 23
A serious discussion, perhaps with an older female, might benefit you today. At the very least, listen to what is offered, because later, you might need this information.

Scorpio Oct. 24 - Nov. 22
Your interactions with someone in authority are strictly business today, which is why they want to know personal details about your private life. Do things according to the rules.

Sagittarius Nov. 23 - Dec. 21
Discussions about philosophy, higher education, religion and politics will be serious today. However, they will be productive because people are looking for solutions.

Capricorn Dec. 22 - Jan. 20
This is a good day to get your ducks in a row regarding taxes, debt, inheritances and shared property. Whatever effort you make today will produce results.

Aquarius Jan. 21 - Feb. 19
Be prepared to accommodate others, because the Moon is opposite your sign. Benefits will come to you through your willing acceptance of your responsibilities to others.

Pisces
Feb. 20 - March 20
It will please you to make things more practical and orderly today, because you want to be surrounded by organization. Commonsense solutions will please you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

						7		
		3		8	5			
	9			1		8		5
			9				4	
	6	2				5	9	
	3				8			
8		4		5			1	
			1	7		6		
		9						

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Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

3	7	6	1	9	4	8	2	5
4	8	1	2	5	6	9	7	3
2	9	5	8	7	3	6	4	1
6	5	3	9	2	7	4	1	8
7	1	9	6	4	8	5	3	2
8	2	4	3	1	5	7	6	9
1	4	7	5	8	2	3	9	6
5	6	2	4	3	9	1	8	7
9	3	8	7	6	1	2	5	4

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